



Parenting with Purpose

**Raising a Child with Autism to Succeed In
The Real World**

Presented by: Brian R. King LCSW
May 25th, 2011
9am-12pm

PLEASE READ The following in preparation for our time together. . .

I'm truly honored to be spending this time with you today. I am looking forward to creating a memorable experience with you, an experience from which you will uncover new insight, hope and possibility that exceeds your expectations.

In order to do that it is essential that you fully commit to being here and being involved in the process that we will create together.

So let's begin right now with fresh minds.

- I want you to clear your mind of everything that happened on the way here. Leave every frustration you encountered today outside this room (If you need to step out of the room and back in to accomplish this then please do so).
- Put everything that you think *should be* and *ought to be* out of your mind so that you can make room for what we're going to do here.
- If your mind wanders to what time you need to leave and other plans for today, then gently remind yourself that you are committed to being here, now, and return your attention to our work together. Remember that as long as your mind is on other things, it is not here.
- The lessons we're going to learn, the conversation we're going to have, and the experiences we're going to create are happening here, now.
- Your experience today is a direct result of doing your part in making sure you get as much as you possibly can from our time. To do so you must be here, aware and completely honest with yourself.

As a symbolic gesture of your commitment to yourself and our time together, please sign your name on the line below. This will signify that you will do your utmost to adhere to the points above.

Other Considerations . . .

1. Breaks

As a consideration to Brian and to support his ability to give his very best to you today, it is imperative that you honor breaks in the program as breaks for him as well.

Brian needs time to rest his voice and to just plain rest. If you have questions please ask them during our time together as a group. Of course not every question can be answered today but don't allow that to detract from the significant amount of information you will get otherwise.

You will also be provided with information at the end of this program on how to follow up with Brian if you wish to work more extensively on your specific concerns.

Please also honor the time frame of the breaks and be back in your seat and ready to continue at the end of the 10 minutes. It is one way of showing respect for everyone's time and gives us as much time together as possible to do our best work.

2. Handout

You will notice lines for taking notes beneath each discussion topic for today. The reason for this is because Brian realizes the importance of you being able to capture the specific insights that arise for you through our conversation today.

Brian doesn't want to distract you with PowerPoint or endless bullet points that draw your attention away from your experience.

What comes up for you today is what you need to learn and is far more important than any preprepared information.

Let's Begin

Your Life



